

Module 4: Using the PMTCT Checklists, Guides, Forms, and Video



Module 4: Learning Objectives

- Discuss the importance and relevance of each of the PMTCT Tools within the Toolkit
- Conduct the pre-test and post-test education and counseling sessions with clients, using structured checklists
- Conduct a psychosocial assessment and fill in the psychosocial assessment reporting form
- Conduct and document adherence and preparation and support counseling with clients, using a guide and reporting form
- Identify strategies to improve retention, adherence, and psychosocial support within the PMTCT program and throughout the PMTCT spectrum of care

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Module 4: Learning Objectives, cont'd

- Conduct and document adherence assessments and follow-up counseling with clients, using a guide and reporting form
- Discuss the importance of having an appointment system in PMTCT settings and how to use an appointment book and appointment reminder cards
- Describe how each PMTCT Tool might be applied in their specific clinic setting
- Discuss how to use the PMTCT video in their clinic and/or community settings

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There are 5 Helpful Tools for Health Workers to Adapt and Use

1. Counseling checklists for HIV testing in ANC settings
2. Psychosocial assessment guide and reporting form
3. Adherence preparation and support guides
4. Adherence assessment and follow-up guides
5. Appointment book and appointment reminder card templates

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Discussion Questions for Each of the 5 Tools

- Why was the tool developed?
- How can the tool contribute to improved PMTCT services and improved adherence and psychosocial support for PMTCT clients?
- What are the major components of the tool?
- How do you think the tool could be used in your clinic?

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Orientation to the Tools in Small Groups



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Discussion Questions in Small Groups

- How can the tool improve retention, adherence, and/or psychosocial support for PMTCT clients?
- Who at your clinic could use the tool? When? In what situations?
- Where would the tool/forms be stored?
- Are there challenges (now or anticipated) in using this tool? Are there solutions to these challenges?
- What next steps would you take to use the tool in your clinic?

4.7

Remember:

- Tools can help health workers provide clients with retention, adherence, and psychosocial support
- It is important that the tools are used in combination with good counseling and within a supportive, welcoming, and client-friendly environment
- You will be supported and mentored on using the tools over time



4.8

“Saving 2 Lives” – A PMTCT Patient Education Video

- Created to reinforce key PMTCT messages with PMTCT clients, family members, and caregivers in an interesting, narrative format
- 3 distinct sections in the video (can be played all at once or one section at a time)
- Can be used in multiple settings (waiting room, group sessions, support group meetings, community meetings, etc.)
- Is most effective when discussion of the video is facilitated by a health worker, such as a peer educator, counselor, nurse, or support group leader

4.9

Video Discussion Questions

- What are your impressions of the video?
- How do you think the video could help reinforce key PMTCT messages with clients?
- How do you think the video could be used in your clinic?
- Who could use the video? When? Where? In what situations?
- How could health workers (especially nurses, counselors, and peer educators) facilitate the video to help clients get the most out of it?
- What next steps would you take to distribute and use the video in your clinic?
- Do you think there are additional uses for the video in a community setting? If yes, explain.

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Module 4: Key Points

- All health workers should be up-to-date and knowledgeable about their national PMTCT guidelines.
- PMTCT clients, family members, and caregivers often have a number of retention, adherence, and psychosocial support needs that change over time and across the spectrum of care.
- Health workers can use the *pre- and post-test counseling checklists* as a guide when counseling and testing clients for HIV.
- Initiation of ARVs or ART among pregnant women should NOT be delayed for any reasons. Use the *Adherence Preparation and Support Guides* as a reminder of the key messages.
- Adherence should be assessed at each clinic visit and ongoing counseling and support provided throughout the PMTCT spectrum of care. Use the *Adherence Assessment and Follow-up Guides* to assist in this process.

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Module 4: Key Points, con't.

- Adherence will change as clients move through the PMTCT spectrum of care so it is important to provide ongoing adherence assessment, counseling, and support at every visit.
- All clinics should institute an *appointment system*, including systematic follow-up of clients who miss appointments.
- The *PMTCT Video* may be used to reinforce key PMTCT messages with clients at the clinic or in the community.
- Each clinic should have a specific plan on how the Tools discussed in this Module are used.
- Retention, adherence, and psychosocial support are a part of everyone's job.
- When talking with clients, it is always important to use the 7 key counseling and communication skills (discussed in Supplemental Module 6).

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Any Questions?



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